

Collaborative Working Project Summary

1. Project name: Supporting pharmacists to identify and manage acute and chronic insomnia

2. Organisations involved:

Idorsia Pharmaceuticals UK Limited

Royal Pharmaceutical Society (RPS)

3. Project objectives:

This programme aims to provide pharmacists with a deeper understanding of sleep health, insomnia, its prevalence, impact on patients, causes and treatment options including both pharmacological and non-pharmacological interventions. This will enable pharmacists to have effective conversations with patients and the public about sleep health and confidently recognise signs and symptoms of insomnia, enhancing health outcomes.

4. Project deliverables:

Live webinars hosted on Teams which will be recorded and available on the RPS learning platform (2 x 45 minute)

Podcasts providing patient lived experiences of insomnia, hosted on soundcloud (3 x 15 minutes)

On demand e-learning hosted within the learning platform (3 x 20–30-minute modules including knowledge quizzes and case studies)

5. Roles and responsibilities:

The following principal activities will be the responsibility of the RPS (the specific people responsible for each stage are also listed):

- Identify specific Project activities which will be undertaken (Helen Chang)
- Attending periodic review meetings to discuss Project progress (Helen Chang, Clavin Smith and Bijal Tailor);
- Hosting of the Foreground Intellectual Property on its learning platform RPS Learn for a period of 2 years following the initial Term and subsequent extension as agreed between the parties (Helen Chang); and
- Drafting Project evaluation report (Helen Chang).

Idorsia

The following principal activities will be the responsibility of Idorsia (the specific people responsible for each stage are also listed):

- Providing funding for the Project;
- Providing KOLs to be involved with peer review of the Project (Manisha Oberoi)
- Attending periodic review meetings to discuss Project progress; (Manisha Oberoi)
- Drafting Project evaluation report; and
- Publishing the summary of the Collaborative Working Project on Idorsia website in accordance with the terms set out in the Agreement (Manisha Oberoi)
- Review, approval and certification of all materials (Manisha Oberoi / Alistair Paice)

6. Milestones:

The following are provisional milestones based on agreement signing:

Phase 1: Programme set-up and management to be completed by 31 July 2025

Phase 2: Development, review and delivery of education and learning to be completed by 30 November 2025

Phase 3: Standard communications and marketing to be completed by 31 December 2025

Phase 4: Hosting of learning for three years to be completed by 31 December 2028 with reapproval of materials at two years in line with the ABPI Code of Practice

Phase 5: Monitoring

- Monitoring objective attainment metrics will take place monthly.
- There will continue to be frequent email communication between RPS and Idorsia to discuss the ongoings and components of the Project.
- RPS to provide monthly updates on Project progress to the Steering Committee.

Phase 6: Evaluation and outcomes

- Project wash up and reflections meeting between RPS and Idorsia to capture successes and lessons learned
- RPS to prepare an evaluation report on the learning content, which includes engagement measures and satisfaction scores, including participation and completion rates, net promoter scores, and qualitative learner feedback.
- Publication of a short summary of the Project's outcomes and lessons learned on the parties' respective websites within 6 months of the Project's completion in accordance with the ABPI Code

7. Funding:

Total Amount of the Collaborative Working funding will be £50,000 excluding VAT.

8. Expected benefits for patients:

The Project will improve treatment of patients for chronic insomnia in the NHS by improving the level of knowledge regarding such conditions among HCPs, particularly pharmacists, at no financial cost to the NHS.

9. Expected benefits for partner organisation (RPS) on project delivery:

The Project will improve the management of chronic insomnia by improving the level of knowledge regarding such conditions among healthcare professionals ("HCPs"), particularly pharmacists.

10. Expected benefits for Idorsia UK on project delivery:

The Project will lead to a better understanding of the underlying mechanisms of chronic insomnia and deliver an up-to-date knowledge of available therapeutic options.